



HARMONY GARDEN

MUSIC THERAPY

Music Intervention Guide “Going on a Walk” Jaime Lawrence, MT-BC

Population:

- Early Childhood

Materials:

- Guitar (optional)
- Wooden Frog (optional)
- Castanet (optional)
- Canary Stick (optional)
- Any other animal-sound instruments or props

Goal(s):

1. To increase knowledge of animals and their sounds.
2. To increase listening and direction following skills.
3. To increase turn-taking skills.

Rationale:

- This intervention provides opportunities for the client(s) to:
 - Learn different animal sounds and compare them to the sounds that the instruments make.
 - Practice turn-taking and following directions
 - Practice waiting for their respective prompt to play, based on what “animal” they have.

Procedure:

1. Choose to facilitate this intervention either by presenting the video recording, by playing instruments and using props, or simply by singing through the song with movements.
2. If using instruments, demonstrate how they are properly held and played, and explain the correlation between each instrument and the animal it sounds like.
3. Instruct clients to play their instrument only when their designated animal is introduced in the song.
4. Sing/play/act out the song (through the medium chosen in Step 1), prompting participation when appropriate, as described in the lyrics.
5. Use any of the following extensions/adaptations to complete or add to the intervention, based on your client’s/group’s needs and abilities.

Extensions/Adaptations:

- Allow opportunities for the clients to try out multiple instruments and animals.
- Try changing the “scenery” of the walk, singing about things you may hear during a walk in the jungle, a thunderstorm, the ocean, etc. Select other relevant instruments to be used, such as an ocean drum, rain stick, thunder tube, etc.
- Encourage clients to act out the animal movements and sounds rather than play them on instruments. This engages the body in creative expression and helps kiddos get some energy out!



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Lyric & Chord Sheet
"Going on a Walk"
Jaime Lawrence, MT-BC

Key of D

Into: / D / G / D / D7 /

CHORUS:

G **D**
When you go out on a walk
G **D**
Be real quiet, if you talk
G **D**
Listen up and have no fear
A7
You never know what you will hear

Instrumental:
D-G-D-G-D-G-A7-D7

REPEAT CHORUS

VERSE 3:

D **G**
I hear some boppin' birds
D **G**
Going "tweet, tweet, tweet"
D **G** **A7**
Listen to those boppin' birds tweet tweet

Instrumental:
D-G-D-G-D-G-A7-D7

REPEAT CHORUS

Instrumental:
D-G-D-G-D-G-A7-D7

VERSE 1:

D **G**
I hear some friendly frogs
D **G**
Going "ribbit, ribbit, ribbit"
D **G** **A7**
Listen to those friendly frogs' ribbit ribbit

Instrumental:
D-G-D-G-D-G-A7-D7

REPEAT CHORUS

VERSE 2:

D **G**
I hear some tiny crickets
D **G**
Going "chirp, chirp, chirp"
D **G** **A7**
Listen to those tiny crickets' chirp chirp

G **D**
Shhh...